

Root Veg Hotpot

Ingredients



Method

1. Put all the veg in a pan with the pearl barley and the stock.
2. Bring to the boil and then simmer for about an hour until the veg is soft and the barley is cooked.
3. Make up the dumplings as per the pack instructions.
4. Pop into the pan with the stew and put the lid on and leave for 30 minutes.

- 3 potatoes, diced
- 2 onions, diced
- 100g of pearl barley
- 500ml beef stock
- 1 pack dumpling mix
- Root veg medley or casserole veg pack