

# SHOPPING LIST

## INGREDIENTS

## TESCO

## ALDI

1 X CAULIFLOWER	£0.95	£0.95
500G LEEK	£1.19	£1.19
1KG ONION	£0.55	£0.55
250G SPINACH	£0.90	£0.76
1KG X CARROTS	£0.50	£0.50
400G MUSHROOMS	£1.25	£0.85
250G CHERRY TOMATOES	£0.59	£0.59
2KG POTATOES	£1.49	£0.95
SALAD BAG	£0.78	£0.75
1 X LEMON	£0.30	£0.30
15 X EGGS	£1.79	£1.70
GARLIC BREAD	£0.37	£0.37
200G SOFT CHEESE	£0.85	£0.85
400G MATURE CHEDDAR	£2.69	£2.69
100G GRANA PADANO	£1.49	£1.49
300G DOUBLE CREAM	£1.15	£1.15
1KG FROZEN MIXED VEG	£0.89	£0.89
2 X 520G WHITE FISH FILLETS	£5.00	£3.58
1KG CHICKEN BREASTS	£3.79	£3.79
500G COOKING BACON	£0.85	£1.35
125G COOKED HAM	£0.79	£0.79
LEMONADE	£0.26	£0.26
500G BASMATI RICE	£1.75	£1.75
500G MACARONI	£1.35	£0.79
500G SPLIT PEAS	£0.80	£0.55
200G DUMPLING MIX	£0.80	£0.49
CHOPPED TOMATOES	£0.32	£0.32
TOTAL	£33.44	£30.20

OR £29.70 ACROSS THE TWO STORES