

# SHOPPING LIST

INGREDIENTS	TESCO	ALDI	ASDA	SAINSBURYS	MORRISONS
1KG NEW POTATOES	£1.20	£0.95	£1.00	£1.20	£2.30
2 X 3 PACK OF NEW PEPPERS	£2.50	£2.50	£2.50	£2.00	£2.50
1KG X RED ONIONS	£0.65	£0.65	£0.90	£1.10	£0.99
200G BUTTON MUSHROOMS	£1.10	£0.85	£0.89	£1.10	£1.19
250G CHERRY TOMATOES	£0.65	£0.65	£0.65	£1.35	£0.59
2.5KG POTATOES	£1.25	£1.25	£1.25	£1.15	£1.15
4 X GARLIC	£0.95	£0.95	£0.75	£0.85	£0.99
1KG CARROTS	£0.50	£0.50	£0.50	£0.50	£0.49
3 X COURGETTES	£1.29	£1.29	£1.68	£1.29	£1.29
PARSLEY	£0.60	£0.60	£0.55	£0.60	£0.89
120G SALAD	£1.00	£0.60	£0.80	£0.90	£1.19
500G PASTA	£0.41	£0.41	£0.41	£0.82	£0.95
12 X BEEF STOCK CUBES	£0.70	£0.52	£0.60	£0.90	£0.89
CHOPPED TOMATOES	£0.32	£0.32	£0.32	£0.32	£0.32
BAKED BEANS	£0.27	£0.27	£0.27	£0.26	£0.49
TUNA	£0.55	£0.55	£0.55	£1.10	£0.50
325G SWEETCORN	£0.70	£0.52	£0.45	£0.70	£1.09
SMOKED PAPRIKA	£1.10	£0.59	£0.70	£1.65	£0.99
500G SPAGHETTI	£0.28	£0.28	£0.28	£0.95	£0.95
4 X CIABATTA ROLLS	£1.20	£1.19	£1.20	£1.50	£1.25
GARLIC BAGUETTE	£0.37	£0.37	£0.37	£0.37	£0.37
375G PUFF PASTRY	£1.35	£1.09	£1.25	£1.50	£1.49
115G COOKED BEEF	£0.86	£0.79	£2.15	£1.10	£1.59
250G MOZZARELLA	£0.69	£0.69	£0.85	£0.69	£0.49
100G GRANA PADANO	£1.39	£1.39	£1.89	£2.19	£2.69
500G GRATED CHEESE	£2.60	£2.60	£2.60	£2.60	£2.49
200G CHORIZO	£2.50	£1.89	£2.25	£2.00	£2.49
2KG CHICKEN PIECES	£2.62	£5.38	£4.70	£4.30	£6.98
500G BEEF MINCE	£1.99	£1.99	£3.10	£1.99	£1.99
20 X SAUSAGES	£1.36	£1.99	£2.50	£2.50	£3.25
CORN ON THE COB	£1.60	£1.29	£1.65	£1.25	£1.39
TOTAL	£34.55	£34.91	£39.56	£40.73	£46.22

OR £30.12 ACROSS THE STORES