

SHOPPING LIST



	ALDI		TESCO	
	CURRENTLY	PREVIOUSLY	CURRENTLY	PREVIOUSLY
SPINACH	76P	80P	£1	93P
CABBAGE	59P	59P	59P	59P
1KG ONIONS	50P	49P	50P	49P
1.5KG CARROTS	58P	44P	52P	44P
WONKY PEPPERS	£1.19	£1.16	£1.16	£1.00
PARSLEY	55P	55P	55P	55P
2.5KG POTATOES	99P	89P	99P	89P
2 X MOZZARELLA	98P	86P	98P	86P
PARMIGIANO	£1.39	£1.39	£2.10	£2.20
RICOTTA	£1.09	89P	£1.30	£1.20
300ML'S DOUBLE CREAM	£1.09	99P	£1.09	99P
SOFT SPREAD	89P	85P	95P	85P
MEDIUM WHOLE CHICKEN	£3.39	£2.99	£3.27	£2.89
MINCE	£1.75	£1.69	£1.79	£1.89
CHICKEN STOCK CUBES	52P	47P	75P	55P
BEEF STOCK CUBES	52P	47P	75P	55P
PLAIN FLOUR	58P	55P	58P	55P
LASAGNE SHEETS	69P	65P	90P	80P
SPAGHETTI	23P	23P	23P	23P
CHICKEN GRAVY GRANULES	89P	85P	80P	80P
BEEF GRAVY GRANULES	89P	85P	80P	30P
BREADCRUMBS	72P	65P	85P	80P
LENTILS	99P	99P	£1.35	£1.15
RICE	45P	45P	45P	45P
PASSATA	39P	39P	39P	39P
TINNED TOMATOES	28P	28P	28P	28P
GARLIC GRANULES	49P	49P	95P	70P
CHILLI POWDER	59P	55P	90P	85P
SAGE AND ONION STUFFING MIX	39P	45P	60P	45P
PORRIDGE OATS	70P	75P	70P	75P
1KG SWEETCORN	£1.19	£1.05	£1.08	77P
MIXED VEG	79P	69P	79P	69P
TOTAL	£27.04	£25.06	£29.94	£26.24

OR ~~£23.96~~ **£26.54** IF YOU SHOP BETWEEN THE TWO STORES

www.meal-plans.co.uk