

# SHOPPING LIST 2023

INGREDIENTS	TESCO	ALDI	ASDA	SAINSBURYS	MORRISONS
2 X 250G CHERRY TOMATOES	£1.30	£1.30	£1.30	£1.35	£1.18
SPRING ONIONS	£0.50	£0.39	£0.50	£0.50	£0.50
1KG SWEET POTATOES	£0.99	£0.99	£1.09	£1.24	£1.09
2 X 750G BABY POTATOES	£1.90	£1.38	£2.00	£1.60	£2.00
CHIVES	£1.00	N/A	£0.55	£1.00	£0.99
PARSLEY	£0.60	£0.60	£0.55	£0.60	£0.89
30G BASIL	£0.52	£0.52	£0.55	£0.52	£0.89
1KG ONIONS	£0.89	£0.55	£0.95	£1.10	£0.99
250G BABY SPINACH	£1.00	£0.79	£1.00	£1.50	£0.99
2 X 60G SALAD BAGS	£1.66	£1.20	£1.60	£2.40	£1.38
CAULIFLOWER	£0.95	£0.95	£1.00	£0.75	£0.79
400G MUSHROOMS	£1.25	£1.25	£1.29	£1.55	£1.88
6 X PEPPERS	£1.35	£1.29	£1.50	£2.16	£2.70
2.5KG POTATOES	£1.15	£1.15	£1.25	£1.15	£1.25
500G LEEKS	£1.25	£1.25	£1.30	£1.25	£1.29
CHOPPED TOMATOES	£0.32	£0.32	£0.32	£0.32	£0.32
500G SPAGHETTI	£0.28	£0.28	£0.28	£0.56	£0.95
500G PASTA	£0.41	£0.41	£0.41	£0.82	£0.95
500G MAYONNAISE	£1.15	£0.79	£1.75	£0.70	£0.49
BAKING POWDER	£0.52	N/A	£0.95	£1.35	£1.35
CAYENNE PEPPER	£0.90	N/A	£2.00	£1.10	£0.99
LEMONADE	£0.50	£0.26	£0.60	£0.60	£0.60
500G GRATED CHEESE	£2.80	£2.80	£2.80	£2.80	£2.60
200G CHORIZO	£2.50	£1.89	£2.25	£2.35	£2.49
1KG GAMMON JOINT	£4.09	£4.09	£7.50	£4.29	£7.49
520G WHITE FISH FILLETS	£2.50	£3.79	£2.50	£2.50	£2.15
4 X PART BAKED BAGUETTES	£0.69	£0.69	£1.45	£1.15	£1.09
TOTAL	£32.97	£28.93	£39.24	£37.21	£40.28

OR £28.43 ACROSS THE STORES