

# SHOPPING LIST 2023

INGREDIENTS	TESCO	ALDI	ASDA	SAINSBURYS	MORRISONS
16 ONIONS	£0.55	£0.89	£0.95	£1.10	£0.99
1KG CARROTS	£0.40	£0.50	£0.50	£0.50	£0.50
2.5KG POTATOES	£1.25	£1.25	£1.25	£1.25	£1.19
BROCCOLI	£0.72	£0.69	£0.69	£1.15	£0.69
3 PEPPERS	£1.25	£1.35	£1.25	£1.08	£1.35
3 COURGETTES	£1.49	£1.45	£1.68	£1.45	£1.39
PARSLEY	£0.60	£0.60	£0.55	£0.60	£0.89
120G SALAD	£1.00	£0.60	£0.80	£0.90	£1.19
CUCUMBER	£0.79	£0.79	£0.79	£0.79	£0.75
FRESH MINT	£0.52	£0.52	N/A	£0.52	£0.89
CHOPPED TOMATOES	£0.32	£0.32	£0.32	£0.32	£0.32
KIDNEY BEANS	£0.33	£0.33	£0.33	£0.45	£0.65
BAKED BEANS	£0.27	£0.27	£0.27	£0.26	£0.49
VINEGAR	£0.29	£0.29	£0.29	£0.40	£1.25
1KG RICE	£0.45	£0.48	£0.48	£0.48	£1.35
JAR OF PEPPERS	£1.70	£1.29	£1.70	£1.60	£2.39
GOLDEN BREADCRUMBS	£1.15	£0.79	£1.55	£1.55	£1.15
LEMON JUICE	£0.65	£0.39	£0.65	£0.75	£0.79
6 PITTA BREADS	£0.55	£0.55	£0.65	£0.55	£0.65
500G COOKING BACON	£0.85	£1.40	£0.90	£0.85	£1.49
85G ITALIAN HARD CHEESE	£1.39	£1.39	£1.79	£2.80	£1.59
GREEK YOGHURT	£0.85	£0.89	£1.10	£1.05	£1.15
300G DOUBLE CREAM	£1.19	£1.19	£1.35	£1.19	£1.35
FISH PIE MIX	£3.75	£3.79	£4.55	£4.15	£4.25
500G BEEF MINCE	£2.49	£2.49	£3.50	£2.49	£2.49
20 SAUSAGES	£1.60	£2.09	£1.50	£1.49	£1.49
TOTALS	£26.40	£26.59	£29.39	£29.72	£32.68

OR £24.40 ACROSS THE STORES