

SHOPPING LIST 2023

INGREDIENTS	TESCO	ALDI	ASDA	SAINSBURYS	MORRISONS
300G BEANSPROUTS	£0.75	£0.95	£1.00	£0.75	£0.99
2 X 400G EGG NOODLES	£3.75	£2.38	£3.00	£2.50	£2.50
SPRING ONIONS	£0.50	£0.50	£0.50	£0.50	£0.50
250G CHERRY TOMATOES	£1.30	£0.65	£0.65	£1.35	£0.59
6 X PEPPERS	£1.35	£1.29	£1.50	£2.16	£2.70
6 X SWEET POTATOES	£0.99	£0.99	£1.09	£1.24	£1.09
750G BABY POTATOES	£0.95	£0.69	£1.00	£0.80	£1.00
1KG CARROTS	£0.40	£0.55	£0.55	£0.50	£0.50
500G PASTA	£0.41	£0.41	£0.41	£0.82	£0.95
CHOPPED TOMATOES	£0.32	£0.32	£0.32	£0.32	£0.32
BBQ SAUCE	£1.20	N/A	£1.00	£1.15	£1.25
STUFFING MIX	£0.46	£0.46	£0.25	£0.55	£1.35
SHORTCRUST PASTRY	£1.09	£1.25	£1.25	£1.75	£1.49
PUFF PASTRY	£1.25	£1.09	£1.25	£1.25	£1.25
500G GRATED CHEESE	£2.80	£2.80	£2.80	£2.80	£2.80
2 X 200G SOFT CHEESE	£1.98	£1.98	£2.50	£1.98	£1.98
500G COOKING BACON	£0.85	£2.80	£0.90	£0.85	£1.49
1KG CHICKEN BREASTS	£3.99	£3.99	£4.10	£6.00	£5.25
520G WHITE FISH FILLETS	£2.50	£3.79	£2.50	£2.50	£4.25
900G FROZEN PEAS	£0.55	£0.89	£1.25	£0.80	£1.29
TOTALS	£27.39	£27.78	£27.82	£30.57	£33.54

OR £24.42 ACROSS THE STORES