

Thursday - Breakfast

Banana Breakfast Biscuits



Ingredients

- 2 large bananas
- 80g porridge oats

Methods

- 1.** Preheat the oven to 180°C/Fan 160°C/Gas 4 and line a baking tray with parchment paper.
- 2.** In a large bowl, mash the bananas thoroughly. Add the oats and mix well.
- 3.** Scoop out eight portions of the mixture and place them evenly spaced on the prepared baking tray.
- 4.** Bake for 10-12 minutes or until the cookies turn golden brown. Then, transfer them to a wire rack to cool.