

# Wednesday - Breakfast

## Porridge & Peaches



### Methods

1. Put the porridge oats in a pot and stir in the water.
2. Bring to the boil and then reduce heat to simmer.
3. Stir occasionally to make sure it doesn't stick.
4. Split into 4 bowls and top with the peaches.

### Ingredients

- 200g porridge oats
  - 1.4L water
- 1 tin of peaches