

Wednesday - Lunch

Egg Muffins



Ingredients

- 2 slices of bacon, diced
 - 1 onion, diced
 - 3 eggs
- 6 cherry tomatoes, chopped

Methods

- 1.** Preheat the oven to 200°C/Fan 180°C/Gas 6.
- 2.** In a pan over a medium heat, fry the bacon and onion together until the bacon is cooked.
- 3.** In a bowl, whisk the eggs, then add the tomato to the egg mix.
- 4.** Add in the bacon and onion, then pour the mix into the muffin tray.
- 5.** Bake for about 15 minutes until they start to go golden brown.