Baked Mozzarella & Tomato Pasta

Ingredients



- 200g mozzarella, sliced
- 400g cherry tomatoes
 - 1 onion finely sliced
- Handful of fresh spinach
 - 300g pasta
 - 1 tbsp oil

Method

- 1. In a deep oven-proof dish, layer the mozzarella at the bottom. Add the tomatoes and onions on top and drizzle with oil.
- 2. Place the dish in the oven and bake at 200°C for 20 minutes.
- Meanwhile, cook the pasta in a separate pan following the instructions. Before draining the pasta, save a ladle of pasta water to pour into the mozzarella dish.
- 4. Lightly combine the mozzarella, tomatoes, and pasta water. Then add the drained pasta to the dish.
- **5.** Stir in the spinach, allowing the heat from the dish to slightly wilt the spinach. Serve immediately.

The Finer Details

Per Portion 402 Calories 12g Protein 80g Carbs 10g Fat