Honey Mustard Pasta Salad

Per Portion 445 Calories 11g Protein 60.25g Carbs 18.75g Fat



Method

- 1. Add the mayonnaise, mustard powder, cayenne pepper and honey to a bowl and mix thoroughly.
 - 2. Add all other ingredients and stir through ensuring it is all coated evenly.
- 3. Serve with part baked bread and salad.

Ingredients

- 5 tbsp mayonnaise
 - 1 tbsp honey
 - 1 tsp mustard
- 6 spring onions, sliced
 - 1 pepper, sliced
 - 300g cooked pasta
- 100g cooked gammon
- 1 tsp cayenne pepper
- 2 part-baked baguettes
 - A bag of salad

*This recipes nutritional values were generated by artificial intelligence and as such, you should take more care when preparing this recipe than normal. We do not guarantee or take liability for the nutritional information.

Please use common sense when cooking this recipe.