

Spaghetti & Meatballs

Per Portion
550 Calories
20g Protein
80g Carbs
15g Fat



Ingredients

- 1 tbsp oil
- Meatballs
- 2 garlic cloves, crushed
 - Passata
- 1 tbsp mixed herbs
- 500g spaghetti

Method

- 1.** Heat the oil in a large frying pan and fry the meatballs for 10 minutes.
- 2.** Add the garlic and cook for another 4 minutes.
- 3.** Add the passata and mixed herbs to the pan.
- 4.** Cook for 10 minutes.
- 5.** Meanwhile, cook the pasta as per the packet instructions.
- 6.** Serve the meatballs over the cooked pasta.

**This recipes nutritional values were generated by artificial intelligence and as such, you should take more care when preparing this recipe than normal. We do not guarantee or take liability for the nutritional information. Please use common sense when cooking this recipe.*