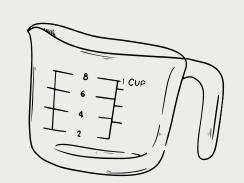
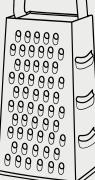
## UNIKITCHEN ESSENIALS Checklish

- □ Microwave
- ☐ Kettle
- ☐ Air Fryer
- ☐ Cutlery
- ☐ Dinner set
- □ Mugs
- □ Drinking glasses
- ☐ Pots and pans
- □ Measuring Jug
- □ Oven dish/trays
- □ Oven mitts
- □ Spatula
- □ Cutting knives
- □ Wooden spoon
- □ Tin opener
- □ Cheese grater
- □ Chopping board (especially if vegan/vegetarian)
- □ Tea towels
- ☐ Food storage boxes
- □ Resealable food bags
- □ Scissors
- ☐ Tin foil
- ☐ Sieve/colander













## STUDENT STORE CUPBOARD STAPLES



	Cooking oil			
	Stock cubes			
	Sauces: ketchup, mayonnais	se, srirach	a, BBQ	
	Tomato Purée			
	Salt and pepper			
	Sugar			
П	Basic spices: Cinnamon, Sm	oked Papi	rika, Chilli	
	Powder, Garlic Powder, Mixe	ed Herbs		
	Tea and coffee			1
	Pasta			
	Rice			
	Bread, wraps, pitta breads			
	Red split lentils			చిడ
	Whole rolled oats			
	Chopped tomatoes .	++++	+	
	Baked beans <	<i>\$\\$\\$\</i>		
	Chickpeas and kidney beans	j t	f 声 <sup>点</sup>	
	Sweetcorn			
	tinned soup			
	Pesto			
	Jars of pasta sauces			